# Syllabus

# Child Development and Parenting Semester B

#### **Course Overview**

This one-semester course is intended to help you familiarize yourself with the various stages of child development as well as the factors that obstruct healthy development of a child. This course has thirteen lessons organized into three units. Each unit has a Unit Activity and each lesson contains one or more Lesson Activities.

This course explains the development, health, nutrition, and safety of children at various stages. In addition, the course covers career opportunities in the field of child care and development.

You will submit the Unit Activity documents to your teacher, and you will grade your work on the Lesson Activities by comparing them with the given sample responses. The Unit Activities (submitted to the teacher) and the Lesson Activities (self-checked) are the major components of this course. There are other assessment components, namely the mastery test questions that feature along with the lesson; the pre- and post-test questions that come at the beginning and end of the unit, respectively; and an end-of-semester test. All of these tests are a combination of simple multiple-choice questions and technology-enhanced (TE) questions.

#### **Course Goals**

This course will help you meet the following goals:

- Discuss the principles of human growth and child development; and examine issues pertaining to pregnancy and family planning
- Discuss the stages of pregnancy and the various aspects related to prenatal and postnatal development and care.
- Discuss the growth and development stages and various needs of infants, toddlers, and preschool and school-age children.
- Examine the various issues such as health and safety, child abuse, and other related issues of children and parents.
- Discuss the problem of child abuse and other related issues.
- Discuss the legal and community resources to protect the rights of children and to support children and families.
- Explore career opportunities and education and skill requirements in childcare.





### **Prerequisite Skills**

Child Development and Parenting Semester B has the following prerequisites:

- basic math knowledge
- ability to visualize and apply creativity and innovation
- familiarity with the writing process and following guidelines
- basic computer skills
- ability to structure and process information

#### **General Skills**

To participate in this course, you should be able to do the following:

- Perform basic operations on a computer.
- Perform online research using various search engines and library databases
- Communicate through email and participate in discussion boards.

For a complete list of the general skills required for participation in online courses, refer to the Prerequisites section of the Plato Student Orientation document, found at the beginning of this course.

#### Credit Value

Child Development and Parenting Semester B is a 0.5-credit course.

#### **Course Materials**

- notebook
- computer with Internet connection and speakers or headphones
- Microsoft Word or equivalent
- Microsoft Excel or equivalent
- Microsoft PowerPoint or equivalent



### **Course Pacing Guide**

This course description and pacing guide is intended to help you stay on schedule with your work. Note that your course instructor may modify the schedule to meet the specific needs of your class.

### Unit 1: Caring for Children of Different Ages

### **Summary**

In this unit, you will learn about the stages in which motor development occurs in children. You will also understand the process of cognitive development in children, as well as the factors that affect this. Finally, you will discuss how certain aspects influence each stage of a child's social and emotional development.

| Day     | Activity/Objective  | Туре               |
|---------|---|--------------------|
| 1 day:  | Syllabus and Plato Student Orientation  | Course Orientation |
| 1       | Review the Plato Student Orientation and Course Syllabus at the beginning of this course.                                     |                    |
| 5 days: | Pregnancy and Family Planning   | Lesson             |
| 2–6     | Discuss the principles of human growth and child development; and examine issues pertaining to pregnancy and family planning. |                    |
| 6 days: | Prenatal and Postnatal Care   | Lesson             |
| 7–12    | Discuss the stages of pregnancy and the various aspects related to prenatal and postnatal development and care.               |                    |
| 5 days: | Caring for Infants and Toddlers   | Lesson             |
| 13–17   | Discuss the growth and development stages and various needs of infants and toddlers.  |                    |
| 5 days: | Looking after Pre-school Children   | Lesson             |
| 18–22   | Discuss the growth and development stages and various needs of pre-school children.   |                    |
| 5 days: | School-age Children   | Lesson             |
| 23–27   | Discuss the growth and development stages and various needs of school-age children.   |                    |
| 1 day:  | Space Jumble  | Game               |
| 28      |   |                    |
| 5 days: | Unit Activity/Threaded Discussion—Unit 1  | Unit Activity      |
| 29–33   |   |                    |



| Day    | Activity/Objective | Туре       |
|--------|--------------------|------------|
| 1 day: | Post-test—Unit 1   | Assessment |
| 34     |                    |            |

## Unit 2: Health, Safety, and Protection

### **Summary**

In this unit, you will discuss various health and safety issues of children and families. You will also learn about various issues such as child abuse, neglect, maltreatment, and so on and the ways of handling these issues. Finally, you will learn about the problems and concerns of parents and the legal and community resources to protect rights of children and to support children and families.

| Day              | Activity/Objective  | Туре          |
|------------------|---|---------------|
| 5 days:          | Health and Safety of Children and Families  | Lesson        |
| 35–39            | Examine the health and safety issues of children and families.  |               |
| 5 days:          | Protecting Your Child   | Lesson        |
| 40–44            | Discuss the problem of child abuse and other related issues.  |               |
| 5 days:          | Parenting Issues and Concerns   | Lesson        |
| 45–49            | Discuss various issues and concerns that contemporary parents face.   |               |
| 5 days:          | Legal and Community Resources   | Lesson        |
| 50–54            | Discuss the legal and community resources to protect the rights of children and to support children and families. |               |
| 1 day:<br>55     | Para Jumble   | Game          |
| 5 days:<br>56–60 | Unit Activity/Threaded Discussion—Unit 2  | Unit Activity |
| 1 day:<br>61     | Post-test—Unit 2  | Assessment    |



# Unit 3: Being Job Ready

### Summary

In this unit, you will discuss the various career opportunities in the field of childcare and development. You will also explore the essential career skills needed in this field.

| Day              | Activity/Objective  | Туре          |
|------------------|---|---------------|
| 5 days:          | Creative Resourcefulness  | Lesson        |
| 62–66            | Demonstrate creativity and resourcefulness by contributing new ideas and working with initiative.                                     |               |
| 5 days:          | Critical Thinking and Problem Solving   | Lesson        |
| 67–71            | Demonstrate critical thinking and problem-solving skills by analyzing and resolving problems that arise in completing assigned tasks. |               |
| 5 days:          | Careers in Childcare  | Lesson        |
| 72–76            | Explore career opportunities and education requirements in childcare.   |               |
| 5 days:          | Job Acquisition and Advancement   | Lesson        |
| 77–81            | Demonstrate job acquisition and advancement skills by preparing to apply for a job and seeking promotion.                             |               |
| 1 day:<br>82     | Para Jumble   | Game          |
| 5 days:<br>83–87 | Unit Activity/Threaded Discussion—Unit 3  | Unit Activity |
| 1 day:<br>88     | Post-test—Unit 3  | Assessment    |
| 1 day:<br>89     | Semester Review   |               |
| 1 day:<br>90     | End-of-Semester Test  | Assessment    |